



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Kieselbach, Udo

Total time: 1:12:13

Number: 202

Course: 25.75 km

Rank in course/Total: 97 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 91 (of 260)

Best time in course: 58:22

Category:

Rank in category: 6(of 32)

Senioren 3 (TM 50-54)

Best time in the category: 1:04:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:55	2.75	13	2:20	128	4:11	0.50	10:55	2.75	14		18	1:49
Wechsel Schwim	0.20	2:34	4.68	10	1:00	123	1:08	0.70	13:29	3.11	20		259	2:38
Schwimmen Total	0.70	13:29	3.11	20		259	2:38	0.70	13:29	3.11	20		259	2:38
Rad	20.00	35:02	34.25	6	1:41	75	4:17	20.70	48:31	25.60	20		259	6:38
Wechsel Rad-Lau	0.05	1:08	2.65	18	0:28	152	1:05	20.75	49:39	25.08	20		256	6:55
Rad Total	20.05	36:10	33.26	7	2:00	78	4:33	20.75	49:39	25.08	20		256	6:55
Lauf	5.00	22:34	13.29	9	3:07	102	7:02	25.75	1:12:13	21.39	6	7:21	93	13:51