



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schad, Andreas

Total time: 1:12:44

Club: Sponge aus Mannheim

Number: 236

Course: 25.75 km

Rank in course/Total: 103 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 95 (of 260)

Best time in course: 58:22

Category:

Rank in category: 25(of 53)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:06	2.29	46	5:18	219	6:22	0.50	13:06	2.29	54	3:00	259	4:00
Wechsel Schwim	0.20	2:14	5.37	19	0:41	85	0:48	0.70	15:20	2.74	54	3:10	259	4:29
Schwimmen Total	0.70	15:20	2.74	54	3:10	259	4:29	0.70	15:20	2.74	54	3:10	259	4:29
Rad	20.00	35:06	34.19	19	4:21	77	4:21	20.70	50:26	24.63	54	4:42	259	8:33
Wechsel Rad-Lauf	0.05	1:29	2.02	47	1:03	208	1:26	20.75	51:55	23.98	54	5:22	256	9:11
Rad Total	20.05	36:35	32.88	23	4:58	93	4:58	20.75	51:55	23.98	54	5:22	256	9:11
Lauf	5.00	20:49	14.41	13	4:28	51	5:17	25.75	1:12:44	21.24	25	12:04	97	14:22