



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Freidel, Edgar

Total time: 1:33:02

Number: 189

Course: 25.75 km

Rank in course/Total: 297 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 243 (of 260)

Best time in course: 58:22

Category:

Rank in category: 7(of 7)

Senioren 6 (TM 65-69)

Best time in the category: 1:13:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	16:51	1.78	7	7:26	257	10:07	0.50	16:51	1.78	8	6:19	259	7:45
Wechsel Schwim	0.20	3:07	3.85	4	0:59	187	1:41	0.70	19:58	2.10	8	6:14	259	9:07
Schwimmen Total	0.70	19:58	2.10	8	6:14	259	9:07	0.70	19:58	2.10	8	6:14	259	9:07
Rad	20.00	43:18	27.71	7	8:08	245	12:33	20.70	1:03:16	19.63	8	8:16	259	21:23
Wechsel Rad-Lau	0.05	1:45	1.71	6	0:38	228	1:42	20.75	1:05:01	19.15	8	8:44	256	22:17
Rad Total	20.05	45:03	26.70	7	8:41	246	13:26	20.75	1:05:01	19.15	8	8:44	256	22:17
Lauf	5.00	28:01	10.71	5	3:40	213	12:29	25.75	1:33:02	16.61	7	19:07	245	34:40