



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Krauth, Daniel

Total time: 1:16:32

Number: 221

Course: 25.75 km

Rank in course/Total: 166 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 148 (of 260)

Best time in course: 58:22

Category:

Rank in category: 16(of 25)

männl. AK 3 (TM 30-34)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:42	3.09	4	1:20	58	2:58	0.50	9:42	3.09	25		259	0:36
Wechsel Schwim	0.20	2:47	4.31	14	1:07	150	1:21	0.70	12:29	3.36	25		259	1:38
Schwimmen Total	0.70	12:29	3.36	25		259	1:38	0.70	12:29	3.36	25		259	1:38
Rad	20.00	37:18	32.17	15	5:20	149	6:33	20.70	49:47	24.95	25		259	7:54
Wechsel Rad-Lau	0.05	1:45	1.71	23	1:15	228	1:42	20.75	51:32	24.16	25		256	8:48
Rad Total	20.05	39:03	30.81	17	6:18	164	7:26	20.75	51:32	24.16	25		256	8:48
Lauf	5.00	25:00	12.00	19	7:05	172	9:28	25.75	1:16:32	20.19	17	13:28	150	18:10