



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Fassmann, Christian

Total time: 1:17:00

Number: 198

Course: 25.75 km

Rank in course/Total: 172 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 154 (of 260)

Best time in course: 58:22

Category:

Rank in category: 20(of 26)

männl. AK 4 (TM 35-39)

Best time in the category: 1:00:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:13	2.94	13	2:00	94	3:29	0.50	10:13	2.94	10	1:03	259	1:07
Wechsel Schwim	0.20	2:18	5.22	13	0:38	93	0:52	0.70	12:31	3.36	10	1:24	259	1:40
Schwimmen Total	0.70	12:31	3.36	10	1:24	259	1:40	0.70	12:31	3.36	10	1:24	259	1:40
Rad	20.00	37:06	32.35	17	6:01	142	6:21	20.70	49:37	25.03	10	6:19	259	7:44
Wechsel Rad-Lauf	0.05	1:06	2.73	19	0:26	145	1:03	20.75	50:43	24.55	10	6:34	256	7:59
Rad Total	20.05	38:12	31.49	17	6:22	136	6:35	20.75	50:43	24.55	10	6:34	256	7:59
Lauf	5.00	26:17	11.41	24	8:33	193	10:45	25.75	1:17:00	20.06	20	16:59	156	18:38