



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Tamkan, Cem Joachim

Total time: 1:40:42

Number: 169

Course: 25.75 km

Rank in course/Total: 312 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 253 (of 260)

Best time in course: 58:22

Category:

Rank in category: 49(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:32	0.00	43	5:48	231	6:48	0.50	13:32	0.00	51	4:46	259	4:26
Wechsel Schwim	0.20	3:59	0.00	45	2:31	235	2:33	0.70	17:31	0.00	51	6:54	259	6:40
Schwimmen Total	0.70	17:31	0.00	51	6:54	259	6:40	0.70	17:31	0.00	51	6:54	259	6:40
Rad	20.00	47:26	25.30	50	16:24	253	16:41	20.70	1:04:57	18.48	51	16:26	259	23:04
Wechsel Rad-Lauf	0.05	1:33	0.00	40	1:02	212	1:30	20.75	1:06:30	18.05	50	17:07	256	23:46
Rad Total	20.05	48:59	24.50	49	17:06	253	17:22	20.75	1:06:30	18.05	50	17:07	256	23:46
Lauf	5.00	34:12	8.77	48	15:07	252	18:40	25.75	1:40:42	14.90	50	38:54	255	42:20