



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Jeskowiak, Hartmut

Total time: 1:01:48

Club: Hinkebein

Number: 246

Course: 25.75 km

Rank in course/Total: 9 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 8 (of 260)

Best time in course: 58:22

Category:

Rank in category: 1(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:21	3.59	2	0:37	11	1:37	0.50	8:21	3.59	11		259	
Wechsel Schwim	0.20	1:37	7.42	3	0:09	10	0:11	0.70	9:58	4.21	11		259	
Schwimmen Total	0.70	9:58	4.21	11		259		0.70	9:58	4.21	11		259	
Rad	20.00	31:42	37.85	3	0:40	8	0:57	20.70	41:40	29.81	11		259	
Wechsel Rad-Lauf	0.05	0:44	4.09	10	0:13	32	0:41	20.75	42:24	29.36	11		256	
Rad Total	20.05	32:26	37.09	2	0:33	7	0:49	20.75	42:24	29.36	11		256	
Lauf	5.00	19:24	15.46	3	0:19	17	3:52	25.75	1:01:48	25.00	1	-	8	3:26