



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Hochstadt, Karl

Total time: 1:27:19

Number: 228

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 264 (of 322)

Rank in course/Men: 224 (of 260)

Best time in course: 58:22

Category:

Senioren 4 (TM 55-59)

Rank in category: 17(of 20)

Best time in the category: 1:07:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:03	2.14	19	6:03	239	7:19	0.50	14:03	2.14	12	1:33	259	4:57
Wechsel Schwim	0.20	6:25	1.87	20	4:42	258	4:59	0.70	20:28	2.05	12	3:44	259	9:37
Schwimmen Total	0.70	20:28	2.05	12	3:44	259	9:37	0.70	20:28	2.05	12	3:44	259	9:37
Rad	20.00	41:33	28.88	18	7:32	227	10:48	20.70	1:02:01	20.03	12	5:20	259	20:08
Wechsel Rad-Lauf	0.05	1:39	1.82	16	0:55	222	1:36	20.75	1:03:40	19.55	1	-	256	20:56
Rad Total	20.05	43:12	27.85	18	8:13	233	11:35	20.75	1:03:40	19.55	1	-	256	20:56
Lauf	5.00	23:39	12.68	7	3:51	136	8:07	25.75	1:27:19	17.69	17	20:19	226	28:57