



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Eiber, Roman

Total time: 1:30:34

Number: 218

Course: 25.75 km

Rank in course/Total: 287 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 237 (of 260)

Best time in course: 58:22

Category:

Rank in category: 18(of 20)

Senioren 4 (TM 55-59)

Best time in the category: 1:07:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:30	2.40	12	4:30	197	5:46	0.50	12:30	2.40	1	-	259	3:24
Wechsel Schwim	0.20	4:14	2.83	17	2:31	245	2:48	0.70	16:44	2.51	1	-	33	5:53
Schwimmen Total	0.70	16:44	2.51	1	-	33	5:53	0.70	16:44	2.51	1	-	33	5:53
Rad	20.00	39:57	30.04	15	5:56	204	9:12	20.70	56:41	21.91	1	-	259	14:48
Wechsel Rad-Lauf	0.05	2:08	1.41	19	1:24	250	2:05	20.75	58:49	21.17	10		256	16:05
Rad Total	20.05	42:05	28.59	17	7:06	220	10:28	20.75	58:49	21.17	10		256	16:05
Lauf	5.00	31:45	9.45	18	11:57	241	16:13	25.75	1:30:34	17.06	18	23:34	239	32:12