10. Lorscher Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Sochiera, Michael

Total time: 1:31:43

Number: 203

Course: 25.75 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 293 (of 322)
Rank in course/Men: 242 (of 260)
Best time in course: 58:22

Category:
Senioren 3 (TM 50-54)

Rank in category: 30(of 32)
Best time in the category: 1:04:52

Intermediate times

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	Stage score							Total ranking						
Schwimmen	0.50	13:54	2.16	30	5:19	236	7:10	0.50	13:54	2.16	13	1:47	259	4:48
Wechsel Schwim	0.20	5:01	2.39	32	3:27	252	3:35	0.70	18:55	2.22	13	3:53	259	8:04
Schwimmen Tota	0.70	18:55	2.22	13	3:53	259	8:04	0.70	18:55	2.22	13	3:53	259	8:04
Rad	20.00	42:07	28.49	29	8:46	235	11:22	20.70	1:01:02	20.35	13	9:12	259	19:09
Wechsel Rad-Lau	0.05	1:58	1.53	31	1:18	245	1:55	20.75	1:03:00	19.76	13	10:10	256	20:16
Rad Total	20.05	44:05	27.29	30	9:55	239	12:28	20.75	1:03:00	19.76	13	10:10	256	20:16
Lauf	5.00	28:43	10.45	26	9:16	222	13:11	25.75	1:31:43	16.85	30	26:51	244	33:21