



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Hinkel, Diethard

Total time: 1:12:36

Club: LLG Wonnegau

Number: 241

Course: 25.75 km

Rank in course/Total: 100 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 94 (of 260)

Best time in course: 58:22

Category:

Rank in category: 8(of 32)

Senioren 3 (TM 50-54)

Best time in the category: 1:04:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:51	2.53	20	3:16	175	5:07	0.50	11:51	2.53	33		259	2:45
Wechsel Schwim	0.20	1:55	6.26	5	0:21	48	0:29	0.70	13:46	3.05	33		259	2:55
Schwimmen Total	0.70	13:46	3.05	33		259	2:55	0.70	13:46	3.05	33		259	2:55
Rad	20.00	35:06	34.19	7	1:45	77	4:21	20.70	48:52	25.42	33		259	6:59
Wechsel Rad-Lauf	0.05	1:02	2.90	15	0:22	128	0:59	20.75	49:54	24.95	33		20	7:10
Rad Total	20.05	36:08	33.29	5	1:58	77	4:31	20.75	49:54	24.95	33		20	7:10
Lauf	5.00	22:42	13.22	10	3:15	105	7:10	25.75	1:12:36	21.28	8	7:44	96	14:14