



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schneider, Gerd

Total time: 1:13:32

Number: 263

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 114 (of 322)

Rank in course/Men: 105 (of 260)

Best time in course: 58:22

Category:

Senioren 4 (TM 55-59)

Rank in category: 5(of 20)

Best time in the category: 1:07:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:41	2.81	4	2:41	117	3:57	0.50	10:41	2.81	21		259	1:35
Wechsel Schwim	0.20	2:12	5.45	5	0:29	81	0:46	0.70	12:53	3.26	21		16	2:02
Schwimmen Total	0.70	12:53	3.26	21		16	2:02	0.70	12:53	3.26	21		16	2:02
Rad	20.00	35:33	33.76	5	1:32	96	4:48	20.70	48:26	25.64	21		259	6:33
Wechsel Rad-Lauf	0.05	1:03	2.86	9	0:19	131	1:00	20.75	49:29	25.16	20		256	6:45
Rad Total	20.05	36:36	32.87	5	1:37	94	4:59	20.75	49:29	25.16	20		256	6:45
Lauf	5.00	24:03	12.47	9	4:15	149	8:31	25.75	1:13:32	21.01	5	6:32	107	15:10