



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Lengfelder, Dr. Wolfgang

Total time: 1:13:55

Club: MTG Mannheim

Number: 257

Course: 25.75 km

Rank in course/Total: 121 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 112 (of 260)

Best time in course: 58:22

Category:

Rank in category: 1(of 7)

Senioren 6 (TM 65-69)

Best time in the category: 1:13:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:05	2.98	2	0:40	85	3:21	0.50	10:05	2.98	8		259	0:59
Wechsel Schwim	0.20	2:08	5.63	1	-	73	0:42	0.70	12:13	3.44	8		29	1:22
Schwimmen Total	0.70	12:13	3.44	8		29	1:22	0.70	12:13	3.44	8		29	1:22
Rad	20.00	36:14	33.12	3	1:04	113	5:29	20.70	48:27	25.63	8		259	6:34
Wechsel Rad-Lau	0.05	1:07	2.69	1	-	148	1:04	20.75	49:34	25.12	8		256	6:50
Rad Total	20.05	37:21	32.21	2	0:59	113	5:44	20.75	49:34	25.12	8		256	6:50
Lauf	5.00	24:21	12.32	1	-	155	8:49	25.75	1:13:55	20.90	1	-	114	15:33