



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Keinert, Anna-Maria

Total time: 1:14:01

Number: 268

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 125 (of 322)

Rank in course/Women: 10 (of 62)

Best time in course: 1:01:23

Category:

weibl. AK 3 (TW 30-34)

Rank in category: 2(of 8)

Best time in the category: 1:11:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:15	2.67	5	2:27	23	4:41	0.50	11:15	2.67	9		62	1:39
Wechsel Schwim	0.20	2:31	4.77	7	0:36	27	1:04	0.70	13:46	3.05	9		62	2:03
Schwimmen Total	0.70	13:46	3.05	9		62	2:03	0.70	13:46	3.05	9		62	2:03
Rad	20.00	37:03	32.39	2	0:41	10	4:45	20.70	50:49	24.44	9		62	0:24
Wechsel Rad-Lau	0.05	1:07	2.69	8	0:16	32	0:34	20.75	51:56	23.97	9		62	0:25
Rad Total	20.05	38:10	31.52	4	0:47	12	5:19	20.75	51:56	23.97	9		62	0:25
Lauf	5.00	22:05	13.58	2	0:18	8	2:24	25.75	1:14:01	20.87	2	2:20	10	12:38