



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Nordt, Andreas

Total time: 1:37:54

Number: 211

Course: 25.75 km

Rank in course/Total: 310 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 251 (of 260)

Best time in course: 58:22

Category:

Rank in category: 48(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:19	2.10	49	6:35	243	7:35	0.50	14:19	2.10	51	5:33	259	5:13
Wechsel Schwim	0.20	3:26	3.50	42	1:58	215	2:00	0.70	17:45	2.37	51	7:08	259	6:54
Schwimmen Total	0.70	17:45	2.37	51	7:08	259	6:54	0.70	17:45	2.37	51	7:08	259	6:54
Rad	20.00	46:45	25.67	49	15:43	252	16:00	20.70	1:04:30	19.26	51	15:59	259	22:37
Wechsel Rad-Lauf	0.05	1:15	2.40	35	0:44	177	1:12	20.75	1:05:45	18.94	50	16:22	256	23:01
Rad Total	20.05	48:00	25.06	48	16:07	251	16:23	20.75	1:05:45	18.94	50	16:22	256	23:01
Lauf	5.00	32:09	9.33	47	13:04	242	16:37	25.75	1:37:54	15.78	49	36:06	253	39:32