



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Foltz, Frieder

Total time: 1:13:07

Number: 35

Course: 25.75 km

Rank in course/Total: 108 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 101 (of 260)

Best time in course: 58:22

Category:

Rank in category: 20(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			km/h	Cat.								Cat.
Schwimmen	0.50	11:00	0.00	29	3:16	139	4:16	0.50	11:00	0.00	51	2:14	24	1:54
Wechsel Schwim	0.20	2:41	0.00	29	1:13	141	1:15	0.70	13:41	0.00	51	3:04	24	2:50
Schwimmen Total	0.70	13:41	0.00	51	3:04	24	2:50	0.70	13:41	0.00	51	3:04	24	2:50
Rad	20.00	34:25	34.87	11	3:23	57	3:40	20.70	48:06	24.95	51		24	6:13
Wechsel Rad-Lau	0.05	0:56	0.00	17	0:25	100	0:53	20.75	49:02	24.47	50		24	6:18
Rad Total	20.05	35:21	33.95	11	3:28	54	3:44	20.75	49:02	24.47	50		24	6:18
Lauf	5.00	24:05	12.46	30	5:00	151	8:33	25.75	1:13:07	20.52	21	11:19	103	14:45