



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Gallei, Marc

Total time: 1:19:47

Number: 281

Course: 25.75 km

Rank in course/Total: 203 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 177 (of 260)

Best time in course: 58:22

Category:

Rank in category: 35(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:19	2.91	21	2:35	101	3:35	0.50	10:19	2.91	16	1:33	259	1:13
Wechsel Schwim	0.20	3:19	3.62	40	1:51	205	1:53	0.70	13:38	3.08	16	3:01	259	2:47
Schwimmen Total	0.70	13:38	3.08	16	3:01	259	2:47	0.70	13:38	3.08	16	3:01	259	2:47
Rad	20.00	37:01	32.42	30	5:59	140	6:16	20.70	50:39	24.52	16	2:08	259	8:46
Wechsel Rad-Lauf	0.05	0:41	4.39	6	0:10	21	0:38	20.75	51:20	24.25	16	1:57	256	8:36
Rad Total	20.05	37:42	31.91	27	5:49	123	6:05	20.75	51:20	24.25	16	1:57	256	8:36
Lauf	5.00	28:27	10.54	43	9:22	219	12:55	25.75	1:19:47	19.36	36	17:59	179	21:25