



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Wilhelm, Jochen

Total time: 1:04:08

Club: HM Denis Klefens

Number: 316

Course: 25.75 km

Rank in course/Total: 19 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 17 (of 260)

Best time in course: 58:22

Category:

Rank in category: 2(of 25)

männl. AK 3 (TM 30-34)

Best time in the category: 1:03:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:33	3.51	2	0:11	15	1:49	0.50	8:33	3.51	25		259	
Wechsel Schwim	0.20	2:03	5.85	6	0:23	65	0:37	0.70	10:36	3.96	25		259	
Schwimmen Total	0.70	10:36	3.96	25		259		0.70	10:36	3.96	25		259	
Rad	20.00	31:58	37.54	1	-	9	1:13	20.70	42:34	29.18	25		259	0:41
Wechsel Rad-Lauf	0.05	0:47	3.83	7	0:17	48	0:44	20.75	43:21	28.72	25		256	0:37
Rad Total	20.05	32:45	36.73	1	-	9	1:08	20.75	43:21	28.72	25		256	0:37
Lauf	5.00	20:47	14.43	7	2:52	48	5:15	25.75	1:04:08	24.09	2	1:04	18	5:46