



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Reinmöller, Werner

Total time: 1:24:22

Club: Ludwigshafener SV 07

Number: 251

Course: 25.75 km

Rank in course/Total: 243 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 208 (of 260)

Best time in course: 58:22

Category:

Rank in category: 25(of 32)

Senioren 3 (TM 50-54)

Best time in the category: 1:04:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:29	2.86	11	1:54	107	3:45	0.50	10:29	2.86	33		259	1:23
Wechsel Schwim	0.20	3:20	3.60	27	1:46	206	1:54	0.70	13:49	3.04	33		259	2:58
Schwimmen Total	0.70	13:49	3.04	33		259	2:58	0.70	13:49	3.04	33		259	2:58
Rad	20.00	38:39	31.05	23	5:18	184	7:54	20.70	52:28	23.67	33	0:38	259	10:35
Wechsel Rad-Lau	0.05	1:37	1.86	25	0:57	220	1:34	20.75	54:05	23.02	33	1:15	256	11:21
Rad Total	20.05	40:16	29.88	23	6:06	188	8:39	20.75	54:05	23.02	33	1:15	256	11:21
Lauf	5.00	30:17	9.91	29	10:50	232	14:45	25.75	1:24:22	18.31	25	19:30	210	26:00