



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Fania, Amadeo

Total time: 1:04:29

Club: LAZ Triathlon Mosbach

Number: 323

Course: 25.75 km

Rank in course/Total: 22 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 20 (of 260)

Best time in course: 58:22

Category:

Rank in category: 5(of 16)

männl. AK 1 (TM 20-24)

Best time in the category: 58:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	7:34	3.96	3	0:50	3	0:50	0.50	7:34	3.96	17		259	
Wechsel Schwim	0.20	1:55	6.26	9	0:29	48	0:29	0.70	9:29	4.43	17		259	
Schwimmen Total	0.70	9:29	4.43	17		259		0.70	9:29	4.43	17		259	
Rad	20.00	34:04	35.23	7	2:42	44	3:19	20.70	43:33	28.52	17		259	1:40
Wechsel Rad-Lauf	0.05	0:45	4.00	5	0:11	37	0:42	20.75	44:18	28.10	16		256	1:34
Rad Total	20.05	34:49	34.55	7	2:53	41	3:12	20.75	44:18	28.10	16		256	1:34
Lauf	5.00	20:11	14.86	6	4:39	32	4:39	25.75	1:04:29	23.96	5	6:07	21	6:07