



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schleifer, Anette

Total time: 1:25:28

Club: LLG Wonnegau

Number: 285

Course: 25.75 km

Rank in course/Total: 254 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 37 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 5(of 7)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:02:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	14:38	2.05	7	6:20	59	8:04	0.50	14:38	2.05	8	6:20	62	5:02
Wechsel Schwim	0.20	2:41	4.47	6	1:01	35	1:14	0.70	17:19	2.43	8	7:21	62	5:36
Schwimmen Total	0.70	17:19	2.43	8	7:21	62	5:36	0.70	17:19	2.43	8	7:21	62	5:36
Rad	20.00	41:33	28.88	6	9:12	41	9:15	20.70	58:52	21.10	8	16:33	62	8:27
Wechsel Rad-Lauf	0.05	1:34	1.91	7	0:54	56	1:01	20.75	1:00:26	20.60	8	17:27	62	8:55
Rad Total	20.05	43:07	27.90	6	10:06	41	10:16	20.75	1:00:26	20.60	8	17:27	62	8:55
Lauf	5.00	25:02	11.98	3	5:21	21	5:21	25.75	1:25:28	18.08	5	22:48	38	24:05