



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Glatter, Wolfgang

Total time: 1:06:05

Number: 321

Course: 25.75 km

Rank in course/Total: 33 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 31 (of 260)

Best time in course: 58:22

Category:

Rank in category: 4(of 26)

männl. AK 4 (TM 35-39)

Best time in the category: 1:00:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:37	2.83	17	2:24	114	3:53	0.50	10:37	2.83	27	1:27	259	1:31
Wechsel Schwim	0.20	1:40	7.20	1	-	15	0:14	0.70	12:17	3.42	27	1:10	259	1:26
Schwimmen Total	0.70	12:17	3.42	27	1:10	259	1:26	0.70	12:17	3.42	27	1:10	259	1:26
Rad	20.00	34:18	34.99	6	3:13	52	3:33	20.70	46:35	26.66	27	3:17	259	4:42
Wechsel Rad-Lauf	0.05	0:48	3.75	5	0:08	50	0:45	20.75	47:23	26.28	27	3:14	256	4:39
Rad Total	20.05	35:06	34.27	5	3:16	48	3:29	20.75	47:23	26.28	27	3:14	256	4:39
Lauf	5.00	18:42	16.04	2	0:58	10	3:10	25.75	1:06:05	23.38	4	6:04	32	7:43