



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Hummel, Nicolas

Total time: 1:07:04

Number: 322

Course: 25.75 km

Rank in course/Total: 39 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 37 (of 260)

Best time in course: 58:22

Category:

Rank in category: 9(of 16)

männl. AK 1 (TM 20-24)

Best time in the category: 58:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:35	3.13	9	2:51	48	2:51	0.50	9:35	3.13	17		29	0:29
Wechsel Schwim	0.20	1:42	7.06	6	0:16	20	0:16	0.70	11:17	3.72	17		259	0:26
Schwimmen Total	0.70	11:17	3.72	17		259	0:26	0.70	11:17	3.72	17		259	0:26
Rad	20.00	35:44	33.58	10	4:22	102	4:59	20.70	47:01	26.42	17		259	5:08
Wechsel Rad-Lauf	0.05	0:54	3.33	9	0:20	85	0:51	20.75	47:55	25.98	16		256	5:11
Rad Total	20.05	36:38	32.84	10	4:42	95	5:01	20.75	47:55	25.98	16		256	5:11
Lauf	5.00	19:09	15.67	4	3:37	12	3:37	25.75	1:07:04	23.04	9	8:42	38	8:42