



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schmitt, Carsten

Total time: 1:27:18

Number: 243

Course: 25.75 km

Rank in course/Total: 263 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 223 (of 260)

Best time in course: 58:22

Category:

Rank in category: 11(of 11)

männl. AK 2 (TM 25-29)

Best time in the category: 1:00:41

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Pos Men	Behind Men							
Schwimmen	0.50	11:43	2.56	9	3:07	166	4:59	0.50	11:43	2.56	12	0:13	259	2:37
Wechsel Schwim	0.20	3:27	3.48	10	1:45	216	2:01	0.70	15:10	2.77	12	0:22	259	4:19
Schwimmen Total	0.70	15:10	2.77	12	0:22	259	4:19	0.70	15:10	2.77	12	0:22	259	4:19
Rad	20.00	39:57	30.04	10	7:19	204	9:12	20.70	55:07	22.53	12	7:12	259	13:14
Wechsel Rad-Lauf	0.05	1:33	1.94	9	1:30	212	1:30	20.75	56:40	21.97	12	7:50	256	13:56
Rad Total	20.05	41:30	28.99	11	7:53	211	9:53	20.75	56:40	21.97	12	7:50	256	13:56
Lauf	5.00	30:38	9.79	11	13:52	236	15:06	25.75	1:27:18	17.70	11	26:37	225	28:56