



## 10. Lorsch Triathlon

Lorsch / 11.08.2013

### Detailed evaluation

Korn, Jul

Total time: 1:11:41

Club: SSG Tiras Bensheim

Number: 311

Course: 25.75 km

Rank in course/Total: 86 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 6 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 1(of 8)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:11:41

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|------------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|
| Schwimmen        | 0.50        | 9:19          | 3.22          | 2           | 0:31           | 7            | 2:45            | 0.50        | 9:19          | 3.22          | 9           |                |              | 62              |
| Wechsel Schwim   | 0.20        | 1:59          | 6.05          | 2           | 0:04           | 6            | 0:32            | 0.70        | 11:18         | 3.72          | 9           |                |              | 62              |
| Schwimmen Total  | 0.70        | 11:18         | 3.72          | 9           |                | 62           |                 | 0.70        | 11:18         | 3.72          | 9           |                |              | 62              |
| Rad              | 20.00       | 36:22         | 33.00         | 1           | -              | 7            | 4:04            | 20.70       | 47:40         | 26.06         | 9           |                |              | 62              |
| Wechsel Rad-Lauf | 0.05        | 1:01          | 2.95          | 5           | 0:10           | 24           | 0:28            | 20.75       | 48:41         | 25.57         | 9           |                |              | 62              |
| Rad Total        | 20.05       | 37:23         | 32.18         | 1           | -              | 8            | 4:32            | 20.75       | 48:41         | 25.57         | 9           |                |              | 62              |
| Lauf             | 5.00        | 23:00         | 13.04         | 3           | 1:13           | 13           | 3:19            | 25.75       | 1:11:41       | 21.55         | 1           | -              | 6            | 10:18           |