



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Heckmann, Tim

Total time: 1:12:10

Number: 310

Course: 25.75 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 96 (of 322)

Rank in course/Men: 90 (of 260)

Best time in course: 58:22

Category:

männl. AK 4 (TM 35-39)

Rank in category: 13(of 26)

Best time in the category: 1:00:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:53	3.04	10	1:40	71	3:09	0.50	9:53	3.04	27	0:43	3	0:47
Wechsel Schwim	0.20	2:20	5.14	14	0:40	99	0:54	0.70	12:13	3.44	27	1:06	29	1:22
Schwimmen Total	0.70	12:13	3.44	27	1:06	29	1:22	0.70	12:13	3.44	27	1:06	29	1:22
Rad	20.00	35:43	33.60	13	4:38	101	4:58	20.70	47:56	25.91	27	4:38	259	6:03
Wechsel Rad-Lauf	0.05	1:11	2.54	20	0:31	161	1:08	20.75	49:07	25.35	27	4:58	256	6:23
Rad Total	20.05	36:54	32.60	14	5:04	105	5:17	20.75	49:07	25.35	27	4:58	256	6:23
Lauf	5.00	23:03	13.02	18	5:19	118	7:31	25.75	1:12:10	21.41	13	12:09	92	13:48