



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Wieland, Thomas

Total time: 1:14:33

Number: 305

Course: 25.75 km

Rank in course/Total: 134 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 121 (of 260)

Best time in course: 58:22

Category:

Rank in category: 25(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:48	3.06	14	2:04	65	3:04	0.50	9:48	3.06	51	1:02	32	0:42
Wechsel Schwim	0.20	2:40	4.50	28	1:12	139	1:14	0.70	12:28	3.37	51	1:51	259	1:37
Schwimmen Total	0.70	12:28	3.37	51	1:51	259	1:37	0.70	12:28	3.37	51	1:51	259	1:37
Rad	20.00	35:36	33.71	21	4:34	98	4:51	20.70	48:04	25.84	51		259	6:11
Wechsel Rad-Lauf	0.05	1:12	2.50	30	0:41	164	1:09	20.75	49:16	25.27	50		256	6:32
Rad Total	20.05	36:48	32.69	22	4:55	103	5:11	20.75	49:16	25.27	50		256	6:32
Lauf	5.00	25:17	11.87	36	6:12	182	9:45	25.75	1:14:33	20.72	26	12:45	123	16:11