



# 10. Lorsch Triathlon

Lorsch / 11.08.2013

## Detailed evaluation

Pusche, Jürgen

Total time: 1:16:04

Number: 304

Course: 25.75 km

Rank in course/Total: 160 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 143 (of 260)

Best time in course: 58:22

Category:

Rank in category: 35(of 53)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:40

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:57	0.00	34	4:09	182	5:13	0.50	11:57	0.00	18	1:51	259	2:51
Wechsel Schwim	0.20	2:15	0.00	20	0:42	88	0:49	0.70	14:12	0.00	18	2:02	259	3:21
Schwimmen Total	0.70	14:12	0.00	18	2:02	259	3:21	0.70	14:12	0.00	18	2:02	259	3:21
Rad	20.00	37:29	32.01	36	6:44	153	6:44	20.70	51:41	23.22	18	5:57	259	9:48
Wechsel Rad-Lauf	0.05	0:53	0.00	21	0:27	83	0:50	20.75	52:34	22.83	18	6:01	256	9:50
Rad Total	20.05	38:22	31.28	35	6:45	145	6:45	20.75	52:34	22.83	18	6:01	256	9:50
Lauf	5.00	23:30	12.77	36	7:09	134	7:58	25.75	1:16:04	19.72	35	15:24	145	17:42