



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Schwertel, Johannes

Total time: 1:17:49

Club: TV Hechtsheim

Number: 320

Course: 25.75 km

Rank in course/Total: 182 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 162 (of 260)

Best time in course: 58:22

Category:

Rank in category: 22(of 26)

männl. AK 4 (TM 35-39)

Best time in the category: 1:00:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:51	2.53	21	3:38	175	5:07	0.50	11:51	2.53	27	2:41	259	2:45
Wechsel Schwim	0.20	3:14	3.71	22	1:34	197	1:48	0.70	15:05	2.78	27	3:58	259	4:14
Schwimmen Total	0.70	15:05	2.78	27	3:58	259	4:14	0.70	15:05	2.78	27	3:58	259	4:14
Rad	20.00	40:29	29.64	24	9:24	215	9:44	20.70	55:34	22.35	27	12:16	259	13:41
Wechsel Rad-Lauf	0.05	0:45	4.00	3	0:05	37	0:42	20.75	56:19	22.11	27	12:10	256	13:35
Rad Total	20.05	41:14	29.18	24	9:24	204	9:37	20.75	56:19	22.11	27	12:10	256	13:35
Lauf	5.00	21:30	13.95	10	3:46	68	5:58	25.75	1:17:49	19.85	22	17:48	164	19:27