



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Kolb, Willi

Total time: 1:20:13

Number: 291

Course: 25.75 km

Rank in course/Total: 211 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 184 (of 260)

Best time in course: 58:22

Category:

Rank in category: 5(of 10)

Senioren 5 (TM 60-64)

Best time in the category: 1:10:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:39	2.58	5	1:52	163	4:55	0.50	11:39	2.58	11		259	2:33
Wechsel Schwim	0.20	2:16	5.29	3	0:19	90	0:50	0.70	13:55	3.02	11		259	3:04
Schwimmen Total	0.70	13:55	3.02	11		259	3:04	0.70	13:55	3.02	11		259	3:04
Rad	20.00	39:40	30.25	7	4:18	200	8:55	20.70	53:35	23.18	11	1:57	259	11:42
Wechsel Rad-Lauf	0.05	0:55	3.27	5	0:17	97	0:52	20.75	54:30	22.84	11	1:21	256	11:46
Rad Total	20.05	40:35	29.64	7	4:35	193	8:58	20.75	54:30	22.84	11	1:21	256	11:46
Lauf	5.00	25:43	11.67	6	2:33	188	10:11	25.75	1:20:13	19.26	5	9:19	186	21:51