



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Baumgarten, Jürgen

Total time: 1:15:54

Club: TuS Hochheim

Number: 43

Course: 25.75 km

Rank in course/Total: 157 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 141 (of 260)

Best time in course: 58:22

Category:

Rank in category: 14(of 32)

Senioren 3 (TM 50-54)

Best time in the category: 1:04:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:35	3.13	4	1:00	48	2:51	0.50	9:35	3.13	33		29	0:29
Wechsel Schwim	0.20	2:38	4.56	13	1:04	135	1:12	0.70	12:13	3.44	33		29	1:22
Schwimmen Total	0.70	12:13	3.44	33		29	1:22	0.70	12:13	3.44	33		29	1:22
Rad	20.00	37:22	32.11	20	4:01	151	6:37	20.70	49:35	25.05	33		29	7:42
Wechsel Rad-Lau	0.05	0:54	3.33	10	0:14	85	0:51	20.75	50:29	24.66	33		29	7:45
Rad Total	20.05	38:16	31.44	19	4:06	139	6:39	20.75	50:29	24.66	33		29	7:45
Lauf	5.00	25:25	11.80	20	5:58	184	9:53	25.75	1:15:54	20.36	14	11:02	143	17:32