



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Jauch, Amelie

Total time: 1:23:04

Number: 331

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 234 (of 322)

Rank in course/Women: 34 (of 62)

Best time in course: 1:01:23

Category:

weibl. AK 1 (TW 20-24)

Rank in category: 3(of 5)

Best time in the category: 1:01:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:56	2.32	5	6:22	47	6:22	0.50	12:56	2.32	6	6:22	62	3:20
Wechsel Schwim	0.20	3:16	3.67	3	1:43	45	1:49	0.70	16:12	2.59	6	8:05	62	4:29
Schwimmen Total	0.70	16:12	2.59	6	8:05	62	4:29	0.70	16:12	2.59	6	8:05	62	4:29
Rad	20.00	40:25	29.69	4	8:07	36	8:07	20.70	56:37	21.94	6	16:12	62	6:12
Wechsel Rad-Lau	0.05	1:07	2.69	5	0:34	32	0:34	20.75	57:44	21.56	6	16:46	62	6:13
Rad Total	20.05	41:32	28.96	4	8:41	37	8:41	20.75	57:44	21.56	6	16:46	62	6:13
Lauf	5.00	25:20	11.84	3	4:55	25	5:39	25.75	1:23:04	18.60	3	21:41	35	21:41