



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Team Steinbiß

Club: Team Steinbiß

Number: 362

Course: 25.75 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:10:31

Rank in course/Total: 7 (of 42)

Rank in course/Total: 7 (of 42)

Best time in course: 1:00:17

Rank in category: 7(of 42)

Best time in the category: 1:00:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.50	10:22	0.00	9	1:36	9	1:36	0.50	10:22	0.00	28			28
Wechsel Schwim	0.20	2:35	0.00	41	1:33	41	1:33	0.70	12:57	0.00	28			28
Schwimmen Total	0.70	12:57	0.00	28		28		0.70	12:57	0.00	28			28
Rad	20.00	37:41	31.84	17	6:18	17	6:18	20.70	50:38	23.70	28			28
Wechsel Rad-Lau	0.05	0:35	0.00	20	0:12	20	0:12	20.75	51:13	23.43	28			28
Rad Total	20.05	38:16	31.36	17	6:14	17	6:14	20.75	51:13	23.43	28			28
Lauf	5.00	19:18	15.54	4	0:51	4	0:51	25.75	1:10:31	21.27	7	10:14	7	10:14