



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Team Lenz & Höfer

Club: Team Lenz & Höfer

Number: 361

Course: 25.75 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:11:13

Rank in course/Total: 9 (of 42)

Rank in course/Total: 9 (of 42)

Best time in course: 1:00:17

Rank in category: 9(of 42)

Best time in the category: 1:00:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking				
								Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen	0.50	11:09	0.00	14	2:23	14	2:23	0.50	11:09	0.00	30		30		
Wechsel Schwim	0.20	1:53	0.00	33	0:51	33	0:51	0.70	13:02	0.00	30		30		
Schwimmen Total	0.70	13:02	0.00	30		30		0.70	13:02	0.00	30		30		
Rad	20.00	33:16	36.07	2	1:53	2	1:53	20.70	46:18	25.92	30		30		
Wechsel Rad-Lau	0.05	0:44	0.00	35	0:21	35	0:21	20.75	47:02	25.51	30		30		
Rad Total	20.05	34:00	35.29	2	1:58	2	1:58	20.75	47:02	25.51	30		30		
Lauf	5.00	24:11	12.41	21	5:44	21	5:44	25.75	1:11:13	21.06	9	10:56	9	10:56	