



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Bruns, Wilhelm

Total time: 1:14:02

Number: 380

Course: 25.75 km

Rank in course/Total: 126 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 116 (of 260)

Best time in course: 58:22

Category:

Rank in category: 13(of 32)

Senioren 3 (TM 50-54)

Best time in the category: 1:04:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:28	2.87	10	1:53	104	3:44	0.50	10:28	2.87	33		259	1:22
Wechsel Schwim	0.20	2:09	5.58	7	0:35	79	0:43	0.70	12:37	3.33	33		259	1:46
Schwimmen Total	0.70	12:37	3.33	33		259	1:46	0.70	12:37	3.33	33		259	1:46
Rad	20.00	36:37	32.77	14	3:16	122	5:52	20.70	49:14	25.23	33		259	7:21
Wechsel Rad-Lauf	0.05	0:54	3.33	10	0:14	85	0:51	20.75	50:08	24.83	33		256	7:24
Rad Total	20.05	37:31	32.07	13	3:21	116	5:54	20.75	50:08	24.83	33		256	7:24
Lauf	5.00	23:54	12.55	16	4:27	145	8:22	25.75	1:14:02	20.87	13	9:10	118	15:40