



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

United Runners of Pfalz

Club: United Runners of Pfalz

Number: 355

Course: 25.75 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:21:17

Rank in course/Total: 28 (of 42)

Rank in course/Total: 28 (of 42)

Best time in course: 1:00:17

Rank in category: 28(of 42)

Best time in the category: 1:00:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos	Behind	Pos	Behind	Total km	Total Time	Total km/h	Pos	Behind	Pos	Behind
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Schwimmen	0.50	12:59	0.00	32	4:13	32	4:13	0.50	12:59	0.00	7		7	
Wechsel Schwim	0.20	1:49	0.00	30	0:47	30	0:47	0.70	14:48	0.00	7	0:13	7	0:13
Schwimmen Total	0.70	14:48	0.00	7	0:13	7	0:13	0.70	14:48	0.00	7	0:13	7	0:13
Rad	20.00	37:21	32.13	15	5:58	15	5:58	20.70	52:09	23.01	7		7	
Wechsel Rad-Lau	0.05	0:42	0.00	34	0:19	34	0:19	20.75	52:51	22.71	7		7	
Rad Total	20.05	38:03	31.54	15	6:01	15	6:01	20.75	52:51	22.71	7		7	
Lauf	5.00	28:26	10.55	40	9:59	40	9:59	25.75	1:21:17	18.45	28	21:00	28	21:00