



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Reiner, Sabine

Total time: 1:41:33

Number: 289

Course: 25.75 km

Rank in course/Total: 313 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 60 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 6(of 6)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:18:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	15:37	1.92	6	4:51	61	9:03	0.50	15:37	1.92	7	4:51	62	6:01
Wechsel Schwim	0.20	2:51	4.21	3	0:49	38	1:24	0.70	18:28	2.27	7	5:08	62	6:45
Schwimmen Total	0.70	18:28	2.27	7	5:08	62	6:45	0.70	18:28	2.27	7	5:08	62	6:45
Rad	20.00	50:01	23.99	6	12:06	61	17:43	20.70	1:08:29	18.14	7	17:14	62	18:04
Wechsel Rad-Lauf	0.05	1:07	2.69	2	0:09	32	0:34	20.75	1:09:36	17.89	7	17:23	62	18:05
Rad Total	20.05	51:08	23.53	6	12:15	61	18:17	20.75	1:09:36	17.89	7	17:23	62	18:05
Lauf	5.00	31:57	9.39	6	6:09	56	12:16	25.75	1:41:33	15.21	6	23:32	61	40:10