



# 10. Lorsch Triathlon

Lorsch / 11.08.2013

## Detailed evaluation

### TVGG Lorsch Handball Damen 1 Team Total time: 1:30:04

Club: TVGG Lorsch Handball Damen 1 Team I

Number: 357

Course: 25.75 km

Triathlonstaffel

Category:

Triathlon-Staffel

Rank in course/Total: 42 (of 42)

Rank in course/Total: 42 (of 42)

Best time in course: 1:00:17

Rank in category: 42(of 42)

Best time in the category: 1:00:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.50	12:45	0.00	30	3:59	30	3:59	0.50	12:45	0.00	21		21	
Wechsel Schwim	0.20	1:30	0.00	18	0:28	18	0:28	0.70	14:15	0.00	21		21	
Schwimmen Total	0.70	14:15	0.00	21		21		0.70	14:15	0.00	21		21	
Rad	20.00	48:50	24.57	42	17:27	42	17:27	20.70	1:03:05	19.02	21	10:04	21	10:04
Wechsel Rad-Lau	0.05	0:35	0.00	20	0:12	20	0:12	20.75	1:03:40	18.85	21	10:02	21	10:02
Rad Total	20.05	49:25	24.28	42	17:23	42	17:23	20.75	1:03:40	18.85	21	10:02	21	10:02
Lauf	5.00	26:24	11.36	33	7:57	33	7:57	25.75	1:30:04	16.65	42	29:47	42	29:47