



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Kuß, Andreas

Total time: 1:27:37

Number: 47

Course: 25.75 km

Rank in course/Total: 267 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 226 (of 260)

Best time in course: 58:22

Category:

Rank in category: 44(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Pos Men	Behind Men							
Schwimmen	0.50	14:01	2.14	46	6:17	238	7:17	0.50	14:01	2.14	51	5:15	38	4:55
Wechsel Schwim	0.20	5:06	2.35	50	3:38	254	3:40	0.70	19:07	2.20	51	8:30	38	8:16
Schwimmen Total	0.70	19:07	2.20	51	8:30	38	8:16	0.70	19:07	2.20	51	8:30	38	8:16
Rad	20.00	39:09	30.65	41	8:07	192	8:24	20.70	58:16	21.32	51	9:45	38	16:23
Wechsel Rad-Lau	0.05	2:12	1.36	49	1:41	252	2:09	20.75	1:00:28	20.59	50	11:05	38	17:44
Rad Total	20.05	41:21	29.09	41	9:28	207	9:44	20.75	1:00:28	20.59	50	11:05	38	17:44
Lauf	5.00	27:09	11.05	41	8:04	202	11:37	25.75	1:27:37	17.63	45	25:49	228	29:15