



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Hilbig, Tamara

Total time: 1:10:35

Club: DLRG Lorsch e.V.

Number: 96

Course: 25.75 km

Rank in course/Total: 72 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 5 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 2(of 5)

weibl. AK 1 (TW 20-24)

Best time in the category: 1:01:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	9:45	3.08	2	3:11	9	3:11	0.50	9:45	3.08	3	3:11	62	0:09
Wechsel Schwim	0.20	2:03	5.85	2	0:30	10	0:36	0.70	11:48	3.56	3	3:41	62	0:05
Schwimmen Total	0.70	11:48	3.56	3	3:41	62	0:05	0.70	11:48	3.56	3	3:41	62	0:05
Rad	20.00	37:15	32.21	2	4:57	13	4:57	20.70	49:03	25.32	3	8:38	62	
Wechsel Rad-Lauf	0.05	1:03	2.86	3	0:30	25	0:30	20.75	50:06	24.85	3	9:08	62	
Rad Total	20.05	38:18	31.41	2	5:27	14	5:27	20.75	50:06	24.85	3	9:08	62	
Lauf	5.00	20:29	14.65	2	0:04	3	0:48	25.75	1:10:35	21.89	2	9:12	5	9:12