



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Keilmann, Christian

Total time: 1:31:02

Club: DLRG Lorsch e.V.

Number: 5

Course: 25.75 km

Rank in course/Total: 289 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 239 (of 260)

Best time in course: 58:22

Category:

Rank in category: 51(of 53)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:43	2.80	25	2:55	119	3:59	0.50	10:43	2.80	54	0:37	40	1:37
Wechsel Schwim	0.20	3:44	3.21	49	2:11	231	2:18	0.70	14:27	2.91	54	2:17	40	3:36
Schwimmen Total	0.70	14:27	2.91	54	2:17	40	3:36	0.70	14:27	2.91	54	2:17	40	3:36
Rad	20.00	42:27	28.27	51	11:42	237	11:42	20.70	56:54	21.83	54	11:10	40	15:01
Wechsel Rad-Lauf	0.05	0:58	3.10	27	0:32	109	0:55	20.75	57:52	21.51	54	11:19	40	15:08
Rad Total	20.05	43:25	27.71	51	11:48	235	11:48	20.75	57:52	21.51	54	11:19	40	15:08
Lauf	5.00	33:10	9.05	50	16:49	247	17:38	25.75	1:31:02	16.97	51	30:22	241	32:40