



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Zubrod, Jutta

Total time: 1:14:03

Club: ERSG

Number: 65

Course: 25.75 km

Rank in course/Total: 127 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 11 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 3(of 12)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:13:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:35	2.59	9	1:59	34	5:01	0.50	11:35	2.59	3	0:10	62	1:59
Wechsel Schwim	0.20	1:53	6.37	1	-	4	0:26	0.70	13:28	3.12	3		62	1:45
Schwimmen Total	0.70	13:28	3.12	3		62	1:45	0.70	13:28	3.12	3		62	1:45
Rad	20.00	35:30	33.80	1	-	4	3:12	20.70	48:58	25.36	3		62	
Wechsel Rad-Lauf	0.05	0:55	3.27	3	0:19	12	0:22	20.75	49:53	24.96	3		62	
Rad Total	20.05	36:25	33.03	1	-	4	3:34	20.75	49:53	24.96	3		62	
Lauf	5.00	24:10	12.41	5	1:46	18	4:29	25.75	1:14:03	20.86	3	0:38	11	12:40