



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Niederer, Katharina

Total time: 1:14:07

Club: TV Hatzenbühl

Number: 88

Course: 25.75 km

Rank in course/Total: 130 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 12 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 2(of 11)

weibl. AK 2 (TW 25-29)

Best time in the category: 1:12:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	9:03	3.31	1	-	5	2:29	0.50	9:03	3.31	2			62
Wechsel Schwim	0.20	2:03	5.85	2	0:04	10	0:36	0.70	11:06	3.78	2			62
Schwimmen Total	0.70	11:06	3.78	2		62		0.70	11:06	3.78	2			62
Rad	20.00	38:50	30.90	5	1:29	26	6:32	20.70	49:56	24.87	2			62
Wechsel Rad-Lauf	0.05	0:58	3.10	3	0:11	17	0:25	20.75	50:54	24.46	2			62
Rad Total	20.05	39:48	30.23	5	1:36	25	6:57	20.75	50:54	24.46	2			62
Lauf	5.00	23:13	12.92	3	1:38	15	3:32	25.75	1:14:07	20.85	2	1:26	12	12:44