



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Thoma, Patrick

Total time: 1:36:40

Number: 21

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 307 (of 322)

Rank in course/Men: 249 (of 260)

Best time in course: 58:22

Category:

männl. Junioren (TM 18/19)

Rank in category: 2(of 2)

Best time in the category: 1:17:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:05	2.13	2	4:17	241	7:21	0.50	14:05	2.13	2	4:17	42	4:59
Wechsel Schwim	0.20	3:32	3.40	2	0:42	220	2:06	0.70	17:37	2.38	2	4:59	42	6:46
Schwimmen Total	0.70	17:37	2.38	2	4:59	42	6:46	0.70	17:37	2.38	2	4:59	42	6:46
Rad	20.00	45:29	26.38	2	3:28	249	14:44	20.70	1:03:06	19.68	2	8:27	42	21:13
Wechsel Rad-Lauf	0.05	1:14	2.43	2	0:38	173	1:11	20.75	1:04:20	19.35	2	9:05	42	21:36
Rad Total	20.05	46:43	25.75	2	4:06	248	15:06	20.75	1:04:20	19.35	2	9:05	42	21:36
Lauf	5.00	32:20	9.28	2	10:29	244	16:48	25.75	1:36:40	15.98	2	19:34	251	38:18