



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Herbert, Anette

Total time: 1:18:36

Club: RV 03 Bürstadt Triathlon

Number: 57

Course: 25.75 km

Rank in course/Total: 193 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 24 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 7(of 12)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:13:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	10:17	2.92	2	0:41	11	3:43	0.50	10:17	2.92	6		62	0:41
Wechsel Schwim	0.20	2:06	5.71	2	0:13	12	0:39	0.70	12:23	3.39	6		62	0:40
Schwimmen Total	0.70	12:23	3.39	6		62	0:40	0.70	12:23	3.39	6		62	0:40
Rad	20.00	39:10	30.64	9	3:40	28	6:52	20.70	51:33	24.09	6	1:32	62	1:08
Wechsel Rad-Lauf	0.05	0:49	3.67	2	0:13	8	0:16	20.75	52:22	23.77	6	1:21	62	0:51
Rad Total	20.05	39:59	30.09	8	3:34	27	7:08	20.75	52:22	23.77	6	1:21	62	0:51
Lauf	5.00	26:14	11.44	9	3:50	33	6:33	25.75	1:18:36	19.66	7	5:11	25	17:13