



10. Lorsch Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Fitt, Antoinette

Total time: 1:19:37

Club: Ski Club Heidelberg

Number: 54

Course: 25.75 km

Rank in course/Total: 200 (of 322)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 25 (of 62)

Best time in course: 1:01:23

Category:

Rank in category: 8(of 12)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:13:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:25	2.63	7	1:49	28	4:51	0.50	11:25	2.63	1	-	62	1:49
Wechsel Schwim	0.20	3:04	3.91	9	1:11	42	1:37	0.70	14:29	2.90	7	0:42	62	2:46
Schwimmen Total	0.70	14:29	2.90	7	0:42	62	2:46	0.70	14:29	2.90	7	0:42	62	2:46
Rad	20.00	38:25	31.24	5	2:55	21	6:07	20.70	52:54	23.48	7	2:53	62	2:29
Wechsel Rad-Lauf	0.05	1:35	1.89	12	0:59	57	1:02	20.75	54:29	22.85	7	3:28	62	2:58
Rad Total	20.05	40:00	30.08	9	3:35	28	7:09	20.75	54:29	22.85	7	3:28	62	2:58
Lauf	5.00	25:08	11.94	7	2:44	23	5:27	25.75	1:19:37	19.41	8	6:12	26	18:14