



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Rüter, Tanya

Club: Ginnheimer LT

Number: 56

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Category:

Seniorinnen 3 (TW 50-54)

Rank in course/Total: DNF (of 322)

Rank in course/Women: DNF (of 62)

Best time in course: 1:01:23

Rank in category: DNF(of 9)

Best time in the category: 1:15:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:24	2.63	3	1:11	27	4:50	0.50	11:24	2.63	3	0:25	62	1:48
Wechsel Schwim	0.20	2:57	4.07	4	0:38	39	1:30	0.70	14:21	2.93	3	0:58	62	2:38
Schwimmen Total	0.70	14:21	2.93	3	0:58	62	2:38	0.70	14:21	2.93	3	0:58	62	2:38
Rad	20.00	43:10	27.80	7	4:27	49	10:52	20.70	57:31	21.59	3	5:25	62	7:06
Wechsel Rad-Lauf	0.05	0:59	3.05	1	-	20	0:26	20.75	58:30	21.28	3	5:09	62	6:59
Rad Total	20.05	44:09	27.25	6	4:11	47	11:18	20.75	58:30	21.28	3	5:09	62	6:59
Lauf	5.00	fehlt!	-	-	-	-	-	25.75	-	-	-	-	-	-