



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Werner, Torsten

Total time: 1:03:55

Number: 125

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Total: 17 (of 322)

Rank in course/Men: 15 (of 260)

Best time in course: 58:22

Category:

Senioren 1 (TM 40-44)

Rank in category: 4(of 53)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:48	3.41	6	1:00	22	2:04	0.50	8:48	3.41	54		259	
Wechsel Schwim	0.20	1:54	6.32	12	0:21	46	0:28	0.70	10:42	3.93	11		259	
Schwimmen Total	0.70	10:42	3.93	11		259		0.70	10:42	3.93	11		259	
Rad	20.00	32:07	37.36	4	1:22	12	1:22	20.70	42:49	29.01	54		259	0:56
Wechsel Rad-Lau	0.05	0:48	3.75	13	0:22	50	0:45	20.75	43:37	28.54	54		256	0:53
Rad Total	20.05	32:55	36.55	4	1:18	10	1:18	20.75	43:37	28.54	54		256	0:53
Lauf	5.00	20:18	14.78	8	3:57	35	4:46	25.75	1:03:55	24.17	4	3:15	16	5:33