



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Bergmann, Ralf

Total time: 1:06:02

Club: LAZ Triathlon Mosbach

Number: 102

Course: 25.75 km

Rank in course/Total: 32 (of 322)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 30 (of 260)

Best time in course: 58:22

Category:

Rank in category: 6(of 51)

Senioren 2 (TM 45.49)

Best time in the category: 1:01:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:49	3.06	15	2:05	67	3:05	0.50	9:49	3.06	51	1:03	259	0:43
Wechsel Schwim	0.20	1:46	6.79	8	0:18	27	0:20	0.70	11:35	3.63	51	0:58	259	0:44
Schwimmen Total	0.70	11:35	3.63	51	0:58	259	0:44	0.70	11:35	3.63	51	0:58	259	0:44
Rad	20.00	32:55	36.46	7	1:53	26	2:10	20.70	44:30	27.91	15		259	2:37
Wechsel Rad-Lauf	0.05	0:39	4.62	5	0:08	18	0:36	20.75	45:09	27.57	50		2	2:25
Rad Total	20.05	33:34	35.84	6	1:41	24	1:57	20.75	45:09	27.57	50		2	2:25
Lauf	5.00	20:53	14.37	12	1:48	54	5:21	25.75	1:06:02	23.40	7	4:14	31	7:40