



10. Lorsche Triathlon

Lorsch / 11.08.2013

Detailed evaluation

Lötz, Jarit

Club: TV Goch

Number: 115

Course: 25.75 km

Lorsche Triathlon 0,5-20,0-5,0

Category:

männl. AK 1 (TM 20-24)

Total time: 1:05:59

Rank in course/Total: 31 (of 322)

Rank in course/Men: 29 (of 260)

Best time in course: 58:22

Rank in category: 8(of 16)

Best time in the category: 58:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:15	3.24	8	2:31	39	2:31	0.50	9:15	3.24	17		259	0:09
Wechsel Schwim	0.20	1:46	6.79	7	0:20	27	0:20	0.70	11:01	3.81	17		259	0:10
Schwimmen Total	0.70	11:01	3.81	17		259	0:10	0.70	11:01	3.81	17		259	0:10
Rad	20.00	33:00	36.36	5	1:38	27	2:15	20.70	44:01	28.22	17		259	2:08
Wechsel Rad-Lau	0.05	0:46	3.91	6	0:12	43	0:43	20.75	44:47	27.80	16		256	2:03
Rad Total	20.05	33:46	35.63	5	1:50	27	2:09	20.75	44:47	27.80	16		256	2:03
Lauf	5.00	21:12	14.15	8	5:40	59	5:40	25.75	1:05:59	23.42	8	7:37	30	7:37